



Southern Soups Stews: More Than 75 Recipes from Burgoo and Gumbo to Etouffee and Fricassee (Paperback)

By Nancie McDermott

CHRONICLE BOOKS, United States, 2015. Paperback. Book Condition: New. 231 x 203 mm. Language: English . Brand New Book. Home cooks throughout the American South treasure time-honored recipes for hearty soups and satisfying stews savoured year after year. Often passed down through the generations, the dishes detailed in this book are cherished and shared at family gatherings, holiday feasts, and community suppers throughout the seasons. These recipes serve up soups and stews seasoned with history--from Nathalie Dupree's Lowcountry Okra and Shrimp Gumbo, to Summer Squash Soup with Black Pepper and Thyme, to Collard Greens with Pot Likker and Dumplings--offering us a glimpse of how people farmed, cooked, and continue to celebrate life over time.



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