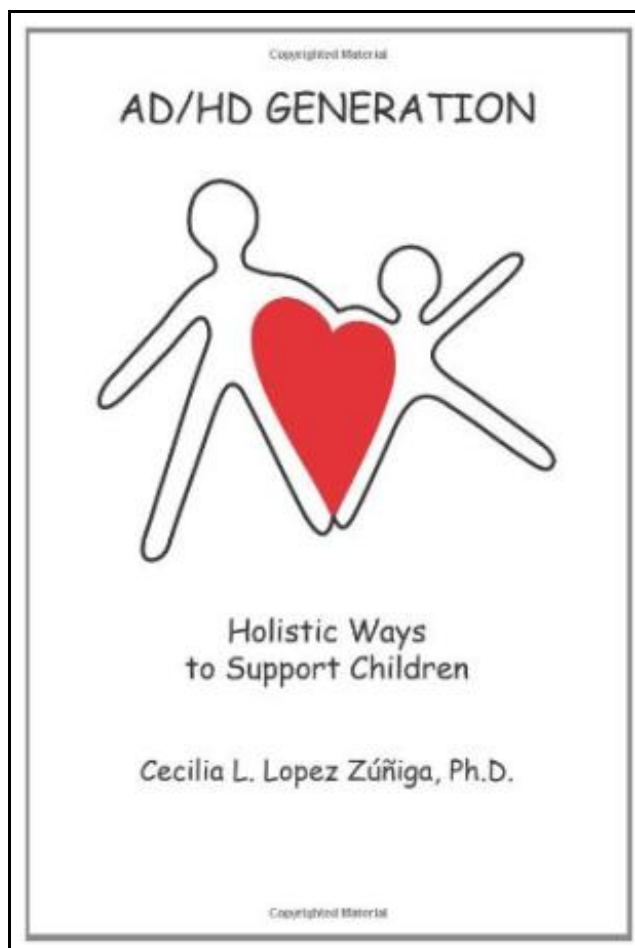


AdHD Generation: Holistic Ways to Support Children



Filesize: 4.36 MB

Reviews

The ebook is simple in go through better to fully grasp. It is actually rally exciting throgh reading through period. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Alexander Jacobi)

ADHD GENERATION: HOLISTIC WAYS TO SUPPORT CHILDREN



Trafford Publishing. Paperback. Book Condition: New. Paperback. 296 pages. Dimensions: 9.0in. x 5.9in. x 0.8in. This holistic parenting book is aligned with current research and with the shifts that are apparent today in support of healthier living, a greener planet, and a peaceful world. It not only honors childrens individuality and wholeness; it is filled with safe, effective, and reliable facts and holistic parenting tools that honor all aspects of childrens being: their physical, mental, emotional, spiritual, and energetic bodies. This easy-to-read guidebook also has step-by-step, do-able practices that can be used immediately to strengthen overall family relationships so that parents and kids can settle into an open, flowing, and more loving space with each other. In ADHD Generation, Dr. Lopez Zuniga challenges modern societys medical approach to childrens functioning, proposing that its heavy reliance on intrusive drugs is both insufficient and dangerous for developing youngsters. Given the risks of stimulants and other prescription drugs, it is time to recognize the value of a holistic approach that includes a nurturing parent-child relationship, healthy lifestyle choices, and full support for children to grow into well-balanced adults. **BOOK SUMMARY:** Part One of the ADHD Generation guidebook: sifts through the history, causes, treatment issues, and controversies surrounding the ADHD diagnosis today; and reviews the history and benefits of a more holistic approach to health and wellness. Part Two of the ADHD Generation guidebook: provides valid, practical facts and information about holistic options, PLUS easy-to-use tools, charts, tables, and guidance for better understanding holistic parenting and supporting ALL childrens wholeness and wellness. Here, you find answers to decide which tools and options might be supportive and do-able with your child right now. You get up-to-date, accurate information so you can make the best decisions for your family. Every chapter covers the history, safety, effectiveness, how-to,...



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